INTEGRATING YOUR VALUES INTO YOUR WORK

The Importance of Values Alignment:
Values guide our behavior and shape our work experience. Research shows that job satisfaction is strongly influenced by values alignment between employer and employee.

Discovering Your Personal Values:
Reflect on moments when you were most happy, proud, and felt your work mattered. Identify the core values that are important to you and align with your personal mission.

Evaluating Company Values:
Assess the values of the organization you work for. Identify any potential conflicts between your personal values and the company's values.

Integration Strategies:

- **Talk about values:** Discuss company values and find ways to put them into action.
- **Lead by example:** Use your values to drive problem-solving and be recognized as a value-based contributor.
- **Seek feedback:** Engage with colleagues and supervisors to receive input on your efforts to integrate values.
- **Recognition:** Appreciate individuals who embody company values or values that make a positive impact.

Bolstering Your Values:
Take the initiative to integrate your values, even if the company lacks a strong focus on values. Find opportunities to share personal values, such as discussing family or personal interests.

Benefits of Values Integration:
Increased job satisfaction, improved quality of work, and better work-life balance. Personal fulfillment and alignment between personal and organizational values.